

STAR ACADEMY PROGRAM



APEX Skating Academy is excited to announce our <u>NEW</u> STAR Academy Program! STAR Academy sessions are an introduction to figure skating and are geared towards skaters working on STAR 1 Assessments. Skaters will learn the fundamentals in the 3 Areas of Skate Canada's STAR Program: FreeSkate (Jumps and Spins), Skating Skills (Stroking/Field Movements) and Ice Dance. The STAR Academy will be taught in a group format by trained Skate Canada Professional Coaches in a fun and enthusiastic atmosphere.

Eligibility: Skaters working on STAR 1 Assessments.

*CanSkaters working on Stages 4, 5 and 6 are also encouraged to register for the STAR Academy Program.

	Day and Time	Cost
Saturday and Wednesday (11 sessions)	Saturday (2:50pm-3:50pm) – April 28, May 12, 19, 26, June 2, 9 & Wednesday (5:30pm-6:30pm) – May 2, 9, 16, 30, June 6	\$180+HST
Saturdays (6 sessions)	Saturday (2:50pm-3:50pm) – April 28, May 12, 19, 26, June 2, 9	\$110+HST
Wednesdays (5 sessions)	Wednesday (5:30pm-6:30pm) – May 2, 9, 16, 30, June 6	\$90+HST

^{*}Note: All coaching fees are included in the cost of the STAR Academy Program.

How to Register: Registration will be completed online at **https://apex.uplifterinc.com** and accepted on a first come first served basis.

Registration Opens - Monday, March 19, 2018 at 9:00AM

Registration Closes - Sunday, April 22, 2018

Program Dates and Locations:

SATURDAY		WEDNESDAY	
29-Apr	Robert French Memorial Stadium	02-May	CBS Arena
13-May	Robert French Memorial Stadium	09-May	Robert French Memorial Stadium
20-May	CBS Arena	16-May	CBS Arena
27-May	CBS Arena	30-May	CBS Arena
03-June	CBS Arena	06-June	CBS Arena
10-June	CBS Arena		

If you have any questions please inquire at apexskatingacademy@gmail.com

